

## HOW DO I GET SERVICES?

1. Referral to My Aged Care
2. My Aged Care will contact you
3. An Assessor may visit or call you to assess your level of care need
4. You will be referred to your chosen provider
5. We will visit and complete an Intake Form, discuss costs and develop your Care Plan
6. You will receive a Service Agreement
7. Your services will be delivered as per your requests

You may change or modify your services to suit your needs.

We ask that you contact us 24 hours prior to cancelling a service

We will work with you to develop and maintain your independence

Our services 'work with you, not for you'

## ADDRESS

PO Box 191 Barcaldine Q 4725

## CONTACT US

Alpha & Jericho | (07) 4985 1304 |  
[alpha.css@barc.qld.gov.au](mailto:alpha.css@barc.qld.gov.au)

Barcaldine | (07) 4651 2187  
[barcaldine.ccs@barc.qld.gov.au](mailto:barcaldine.ccs@barc.qld.gov.au)

Aramac & Muttaborra | (07) 4651 3346 |  
[aramac@barc.qld.gov.au](mailto:aramac@barc.qld.gov.au)

[www.barcaldinerc.qld.gov.au](http://www.barcaldinerc.qld.gov.au)

# COMMUNITY CARE SERVICES

Providing local, experienced, trained In Home Care in our Aged and Disabled Community



## Services Include:



### PERSONAL CARE

Provides assistance with activities of daily living and self-care tasks to maintain appropriate standards of hygiene and grooming. This may also include assistance with self-administration of medication



### DOMESTIC ASSISTANCE

Includes general house cleaning, unaccompanied shopping and linen services



### INDIVIDUAL SUPPORT

Social contact and/or company to participate in community life. Includes visiting, telephone or web based services and accompanied activities. This service is delivered one to one.



### GROUP SUPPORT

Structured activities designed to develop, maintain and support social interaction and independent

living



### NURSING CARE

Treatment of medically diagnosed clinical conditions is supplied locally by Primary Health Clinics and Hospitals in all locations.



### TRANSPORT

Direct transport to an appointment, as part of individual support or to group activities to remain actively connected to the local community



### MEAL PREPARATION & DELIVERY

Meals prepared and delivered to your home or assistance within the home for meal preparation



### HOME MAINTENANCE

Repairs and maintenance to home and yard for accessibility and independence within the home environment

Providing 'entry level', low intensity services to support and maintain independence, safety at home and participation in community